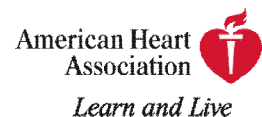


STUDENTS & FACULTY: *Sign Up Online to Create Your Web Page!*



Make a Jump Rope For Heart Web Page and YOU will have super powers to raise more life-saving donations! To get started - you will need to **Sign Up** and Join your School Team. Here's how...

Step 1: Visit www.americanheart.org/jump or www.heart.org/hoops and click on the button that says 'Students Sign Up'.



Step 2: Click on the state you live in and follow the screen instructions to find your school team. When you find your school, click 'Join This Team'.

Step 3: Set your fundraising goal! You can also kick-start your fundraising efforts by making a personal donation when you sign up!

***For NEW students who did not make a fundraising web page last year, select the option that says this is your first time making a web page. If you are a RETURNING student, select the option that says you made a web page last year.*

Step 4: Fill out your information. Next, come up with your own **Username and Password**.

***Be sure it's easy to remember. A Username is like a code name. You will need a Username and Password to get into your HeartQuarters.*

* User Name: 5 to 60 characters
* Password: 3 to 20 characters
* Repeat Password:

Step 5: Double check your information. Click the button 'Complete Registration' to finish

Step 6: SEND OUT EMAILS! Show your family members, friends, babysitters and parent's friends that you are a heart hero, and you want them to be a heart hero by donating!!!

CONGRATULATIONS! You are done joining your school team. Now, you can go make your fundraising web page in your very own HeartQuarters and send out emails to friends & family! Write your Username and Password below so you don't forget.

MY USERNAME: _____

MY PASSWORD: _____

americanheart.org/jump

If you need additional assistance, you may call our Help Desk toll-free at 877-824-8531 between 8 am - 6 pm (Central Time), Mon - Fri.

