



Hey Students, Parents, Faculty and Staff...

Our school is partnering with the American Heart Association to fund life saving cardiovascular and stroke research and fight childhood obesity. Please help us today!

When we complete the activities outlined below, we will earn FREE gift certificates from the American Heart Association to purchase Physical Education equipment for our school.

It is EASY:

1. Go to www.heart.org/jump (Pre kinder - 2nd grade) or www.heart.org/hoops (3rd - 4th grade) and find the name of OUR school. Make sure you select Mount Vernon ELEMENTARY.
2. Register then send emails using the AHA provided templates or send your own message or e-card.

When **30 people from our school community register AND send 10 EMAILS EACH** we will earn a \$100 in U.S. Games Gift Certificate to purchase PE equipment for our school. The first 30 will receive a special strawberry scented "I Helped Save a Heart" pencil. We also have several other prizes for our online participants.

Thank you for taking 10 minutes to register and send emails **TODAY!**